



The City of Salem Recreation Department

Family Day in the Park

5K Run /& Walk

Saturday, June 10, 2006

Kids Fishing Derby,
Turtle Races, Washers
Tournament, Tennis
Tournament

8:00 am



- Location:** Spillway Rd. @ water tower. 1 mile North on Rt. 37 next to Softball Field.
(Restrooms and changing area available)
- Events:** 5K run /& walk, 1 mile fun walk or run for all ages
Scenic trail is compacted fine gravel surface. Excellent running surface!!!
- Registration:** Race Day Registration 7:00 am
- Fees:** \$15.00 pre-registered (received by 12:00 noon on Friday, June 9, 2006)
\$18.00 race day
- T-shirts:** All registrants (size guaranteed by those registered by Friday, June 2, 2006)
- Awards:** Top 3 Male and 3 Female Walkers
Top Male and Female Runners – Top 3 in each age division
Prizes for all fun run participants
- Age** 12 & under, 13 – 18, 19 – 29, 30 – 34, 35 – 39, 40 – 44, 45 – 49, 50 – 54,
55 – 59, 60 & over
- Divisions:**

Make checks payable to City of Salem & mail to City of Salem, 101 S. Broadway, Salem, IL 62881. Phone (618)548-2222 for additional information. Local restaurant and hotel accommodations available by calling City Hall.

Name _____ male _____ female _____

Address _____ Age _____

City, State, Zip _____

Phone Number _____ Shirt Size _____

Event Entered: **5K run**, **5K walk**, **fun walk** (circle one) Bib No. _____



"Waiver: In consideration of acceptance of this entry, I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of the race officials relative to my ability to safely complete this course. I assume all risks associated with running this event including but not limited to, falls, humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry. I for myself and Anyone entitled to act on my behalf, waive and release the City of Salem, Recreation Dept., the race officials, and all Of the sponsors, their representatives and successors from all claims or liabilities arising out of my participation in this Event. I also grant full permission for the use of my name, photograph or video of this event.

Signature _____ Date: _____
(Signature of parent or guardian if under the age of 18 years old)