

3rd Annual
Dr Chris M Griffin
Races for LIFE
July 27, 2013
8:30 AM

Location: West Frankfort Park WFAAC
1100 E. Cleveland St. 62896

Races / Awards:

Redbird Mile (competitive) / Top 10 overall standings
12 & under 1 mile fun run / 1st & all kids get medals
2 Mile Road Walk / M F overall & top 10 M F standings
2 Mile Cross Country Run / M F top 3 overall
M F top 5 each age group
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Registration : 700am to 815am inside WFAAC gymnasium
Cost: \$20 Pre-Reg by July 8th or \$25 race day
Entries: Checks payable to CMG RUN & races start 830am
Mail to: Brad Blakey, 3 Douglas Drive, Herrin, IL 62948
Email: bradblakey@gmail.com for any race information
Tshirts: 1st 100 only get dry fit shirts from Silkworm

Name_____ Age_____ Gender_____

Address_____ State_____ Zip_____

Email_____ Shirt Size S M L XL

* Youth Sizes Available for Pre - Reg Entries Only S M L

Circle Event: 2mile CC Run 2mile Walk Fun Run Redbird Mile

PROCEEDS WILL BENEFIT TEEN SUICIDE PREVENTION CHARITY OF CHADS COALITION

WAIVER AND RELEASE

I, have signed this entry form intending to be legally bound, hereby, for myself, my heirs, my executors, and administrators, waive and release any and all rights and claims for any damages, loss, liabilities, claims, demands, costs and expenses, which I may now or in the future have against the Dr. Chris M. Griffin Races for Life and the city of West Frankfort and all sponsors, their representatives, successors, and assigns, for any and all injuries or losses suffered by me in this event, including pre- and post-contest activities. I attest and verify that I am physically fit and have sufficiently trained for this event and a licensed medical doctor has verified my physical condition. Further, I grant permission to the sponsors and/or agents authorized by them to use any photographs or any other record of this event for any legitimate purpose.

SIGNATURE OF PARTICIPANT OR PARENT/GUARDIAN IF UNDER 18

DATE

FOR OFFICE USE ONLY: BIB # " _____ "