

5th Annual Southern Illinois "Love thy Neighbor"



5K RUN/WALK



Friday, May 10, 2013 @ 6 p.m.

DuQuoin State Fairgrounds Labor Pavilion

Awards: Competitive races: Top overall male and female finishers (trophies) and top two finishers in each age division, male and female (medals). Fun Run/Walk: Participants will receive a ribbon.

Runners: (male/female) 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & over.

Competitive Walkers: (male/female) 18 & under, 19-29, 30-45, 46-59, 60-74, 75 & over.

(When registering by mail: cut out bottom portion and send with registration fee)

Name: _____ Age: _____ Gender: _____
Address: _____ City/State/Zip: _____
Telephone: _____ Email: (optional): _____

Event: 5K Run _____ 5K Walk (Competitive) _____ 1 Mile Fun Run/Walk _____

T-shirt size: **Adult sizes only:** Small _____ Medium _____ Large _____ XL _____ 2XL _____ (+\$2) 3XL _____ (+\$3)

Pre-Reg: _____ \$15 (5K Run) _____ \$15 (5K Competitive Walk) _____ \$5 Fun Run/Walk
Same Day Reg: _____ \$20 (5K Run) _____ \$20 (5K Competitive Walk) _____ \$5 Fun Run/Walk

Checks payable to: Liberty Church Missions– Memo: DuQuoin School District #300 - Bully Prevention Program

Mail to: Tracy Schubert 8722 Private Road 38 DuQuoin, IL 62832

Pre-Register on line: www.libertydq.org/lovethyneighbor

More information on bullying/bully prevention: www.pacer.org/bullying, www.stopbullying.gov,
www.mayoclinic.com/health/bullying, www.kidshealth.org, and www.promoteprevent.org

For race information: Call or email Tracy at (618) 318-2446 or lovethyneighbor@libertydq.org

Free T-shirts guaranteed for first 125 **PAID competitive** entrants. Additional shirts can be ordered after race day for \$10 (S-XL), \$1 extra for each size thereafter. Same Day Registration available until 5:50 p.m.

Waiver and Release

I have signed this entry form intending to be legally bound, hereby for myself, my heirs, executors, and administrators and release any and all rights and claims for damages I might have against Liberty Church, the Race Committee, the DuQuoin State Fairgrounds, officials and other sponsors of the event and their representatives for any and all injuries suffered by me in the event. I attest that I am physically fit and have sufficiently trained for the event and a licensed medical doctor has verified my physical condition. Furthermore, I hereby grant full permission to any or all of the foregoing to use my photograph or any other record of this event for any legitimate purpose. This entry is invalid unless signed by the entrant. If entrant is under 18 years of age, then entry must be signed by parent/guardian. An adult must be in attendance during the race for participants ages 15 and under. The official race director reserves the right to reject any entry.

Signature: _____ Date: _____

Parent/Guardian (if under 18): _____